Australian Cadet Corps

Uniform Sizing

Shirt Sizes

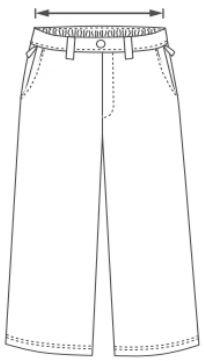
Junior Sizes	J2	J4	J6	J8	J10	J12	J14
½ Chest Mesurement (cm)	37.5	40	42.5	47.5	50	52.5	55

Senior Sizes	XS	S	M	L	XL	2XL	3XL	4XL
½ Chest Mesurement (cm)	57.5	57.5	60	62.5	65	67.5	70	72.5

Trouser Sizes

Junior Sizes	J2	J4	J6	J8	J10	J12	J14
½ Wasit Relaxed (cm)	25	26	27	28	30	31	32.5
½ Waist Stretched (cm)	33	35	36.5	38	39.5	41	44
Outer Leg Length (cm)	61	69	77	85	91	98	104

Senior Sizes	XS	S	M	L
½ Wasit Relaxed (cm)	34.5	37	39.5	42
½ Waist Stretched (cm)	47	49.5	52	54.5
Outer Leg Length (cm)	106	108	110	112



How to select your size:

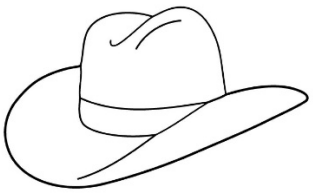
1. Find a similar-fitting garment.
2. Lay the similar garment flat on a hard surface.
3. Measure the chest or waist in centimetres as outlined in the diagram.
4. Select the size closest to your measurement, remembering to select the larger size of your measurement is in between sizes.

Uniform Sizing

Hat Sizes

Sizes	JNR			X-SMALL			SMALL	
Metric (cm)	48	49	50	51	52	53	54	55

Sizes	MEDIUM		LARGE		X-LARGE		XX-LARGE	
Metric (cm)	56	57	58	59	60	61	62	63



How to select your size:

1. Get a soft tape measure or a long strip of strong paper.
2. Place the tape measure or strip of paper around your head.
3. The tape should be level, in the centre of your forehead and just above the top of your ears
4. If the measurement is in between sizes select the next size up; eg: 59.5cm = 60cm.